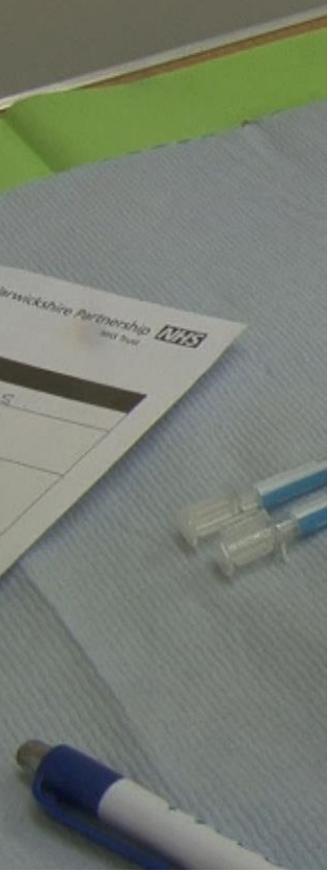


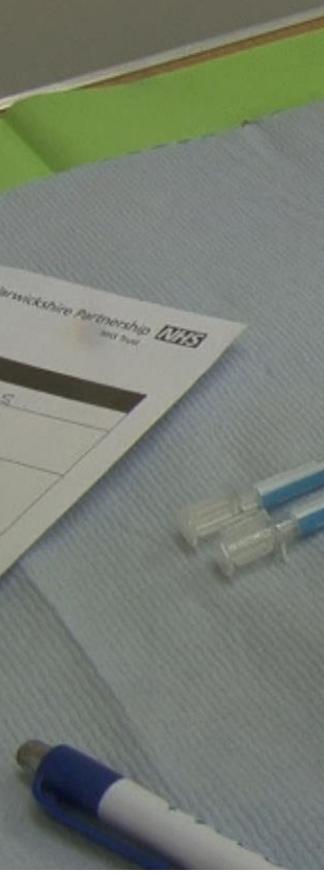


North Warwickshire Immunisation Team





HPV Vaccine





What is HPV ?



Cervical cancer develops in the cervix. It is caused by a virus called the **h**uman **p**apilloma**v**irus or HPV.



The human papillomavirus is very common and you catch it through intimate sexual contact with another person who already has it.



After breast cancer, it is the most common women's cancer in the world.



Who can have it?



The vaccine is recommended for all girls from the age of 12 years up to their 18th birthday.



The HPV vaccine is offered routinely to all girls starting in school Year 8 (aged 12-13 years).



How is the Vaccination Given?



You will need two injections.

 The first injection will be offered in Year 8.

 The second will be offered in Year 9.



It's important to have both doses to be fully protected.



The nurse will give you the vaccination in your upper arm.

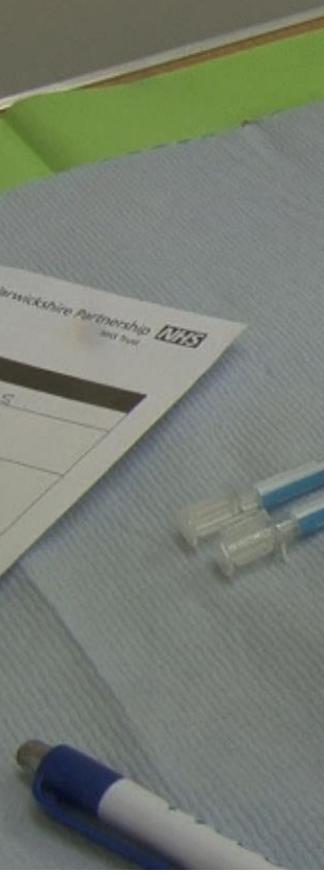
Side effects



Like most injections, the side effects of the HPV vaccination are quite mild.



Soreness, swelling and redness in the arm are common but wear off in a couple of days.



What Happens on Vaccination day?



You will be called to the vaccination session and asked to register with the Immunisation Assistant, confirming your name, address and date of birth.



A nurse will call you and explain what's going to happen before you give your consent to receive the vaccination.

What if you miss vaccination session?



If you miss the vaccination session for any reason then the nurses will be back to do a catch up session at a later date.



It is important to have both doses at the right time to be fully protected – it's never too late to catch up.

Common Myths about your Immunisation!

-  It's going to really, really hurt!
 - *No, it is only a small scratch so keep calm and relax your arm*
-  My arm will hurt for days
 - *If you keep your arm active and mobile this is the best way to help it recover as quickly as possible*
-  Someone said they use a huge needle
 - *No, we use the same needle that would be used on an 8 week old baby*
-  It will give you the disease
 - *No, the aim of immunisation is to give you protection against these diseases*
-  I'm fit and healthy so I don't need any immunisations
 - *Immunisation only eliminates the diseases and protects us if the majority of us are immunised*
-  I've read bad things about the vaccine on the internet
 - *The internet is a brilliant source of information – but check your sources to ensure they are credible*



Top tips to having your injection!



Keep calm / Keep still

Eat breakfast and drink well on the day



Read through the info leaflet that came with your consent form

Your injection is given in your upper arm, so wear short sleeves or a vest top under long sleeves



You'll need to take off jumpers and blazers, and keep belongings and bags with you

Don't be afraid to ask questions, we will need to ask some questions from you too



Remember those who may be a little more anxious than you...

And breathe, It's all done VERY quickly and you probably won't even realise you've had it



For more information about your immunisation:



Visit: www.nhs.uk/hpv



Please contact the North Warwickshire Immunisation Team



Phone: 02476 321550

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