

Skills being assessed in this unit:

- Knowledge
- Judgment

Literary skill focus:

Oracy and debate



Key words:

- Reality TV
- Categorize
- Contestants
- Producers
- Influence
- Mental health
- Wellbeing
- Judgment
- Counter argument

Extra reading/Watching:

The wellbeing of Reality TV stars:

<https://www.theguardian.com/tv-and-radio/2019/mar/20/reality-tv-must-do-more-to-protect-mental-health-of-participants>

How reality TV can effect mental health:

<https://www.youtube.com/watch?v=-OPTaHnDYhA>



Year 9 Autumn 2: Is this real life?

Reality TV Shows

Love Island

Scantily clad Islanders living in isolation, under video surveillance trying to find love.

Keeping up with the Kardashians

The extravagant every day lives of multi-millionaire family 'The Kardashians.'

Big Brother

A variety of housemates all under one roof 24/7 under surveillance trying to win the public's hearts.

Jeremy Kyle

Family dramas being aired on TV being judged by Jeremy Kyle and the nation.

Gogglebox

TV viewers giving real life reviews of the week's TV from their own couches.

The Voice

Singing acts performing to try and please the judges and eventually the people at home.



Social Media

Social media is playing a huge part in our every day lives.

Social media positives	Social media negatives
<ul style="list-style-type: none">• Connecting with friends• Keeping in touch with distant family• Can boost confidence• Fun to use• Improve relationships• Be more sociable• Raise awareness.	<ul style="list-style-type: none">• Can be bad for mental health.• Can destroy relationships.• Can produce false news.• Cause anxiety.• Can effect sleep quality.• Can be addictive.



Who's responsible for wellbeing?

With many Reality TV suicides and mental health claims, who is responsible for the wellbeing of their contestants and presenters. Life can be extremely different for these people after the TV shows have finished e.g. dealing with social media trolls, media attention, public attention, money and fame.

The Producers

Producers have a responsibility for providing mental support for contestants and presenters before and after starring on a Reality TV show.

The Media

The media can be cruel or kind to the stars, but they have a huge influence on how the public perceive reality TV stars.

The Public

People have a responsibility to be kind to Reality TV stars on Social Media and not troll them.

Reality TV Stars

They have a responsibility for their own wellbeing and shielding themselves from negative press/trolls.

Reality TV Stars

Gemma Collins
Rylan Clarke
Joey Essex
Mark Wright
Charlotte Crosby
The Kardashians
Mike Thalassitis (deceased)
Sophie Gradon (deceased)